


West Fork Schools

Breakfast/Hot Lunch Menu

May, 2016

Milk, Juice and Fruit served daily for breakfast

Milk and Fruit/Vegetable Bar served daily for lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pancake on a Stick OR Cereal/Toast Hamburger/Bun, Baked Beans, Potato Wedges, Pineapple, Salad Bar	3 Cheese Omelet/Biscuit OR Cereal/Toast Popcorn Chicken, Dinner Roll, Green Beans, French Fries, Peaches, Salad Bar	4 Breakfast Pizza OR Cereal/Toast Quesadilla, Peas, Mandarin Oranges, Salad Bar	5 Breakfast Sandwich OR Cereal/Toast Taco Salad, Rice, Pears, Cinnamon Puff, Salad Bar	6 Yogurt/Muffin OR Cereal/Muffin Mandarin Orange Chicken, Rice, Broccoli, Applesauce, Salad Bar
9 Mini Pancakes OR Cereal/Toast Chicken Nuggets, Baked Beans, Potato Wedges, Mandarin Oranges, Salad Bar	10 Apple Frudel OR Cereal/Toast Shrimp Shapes, Mac/Cheese, Corn, Pears, Salad Bar	11 Waffles OR Cereal/Toast Nachos/Ground Beef, Broccoli/Cheese, Rice, Pineapple, Salad Bar	12 Breakfast Sandwich OR Cereal/Toast Tenderloin, Baked Beans, French Fries, Salad Bar, Apple Crisp	13 French Toast OR Cereal/Toast Pizza, Corn, Grapes, Salad Bar
16 Cinni Mini's OR Cereal/Toast Tacos, Rice, Broccoli, Applesauce, Salad Bar	17 Breakfast Taco OR Cereal/Toast Corn Dogs, Corn, Potato Wedges, Salad Bar, Cookie	18 French Toast OR Cereal/Toast Beefburger, French Fries, Green Beans, Strawberries/Bananas, Salad Bar	19 Pancake on a Stick OR Cereal/Toast Chicken/Cheese Crispito, String Cheese, Carrots, Peaches, Salad Bar	20 Breakfast Sandwich OR Cereal Toast Chicken Sandwich, Baked Beans, Mashed Potatoes, Mandarin Oranges, Salad Bar
23 Mini Pancakes OR Cereal/Toast Chicken Alfredo, French Bread, Broccoli, Mandarin Oranges, Salad Bar	24 Cheese Omelet/Toast OR Cereal/Toast Cooks Choice, Potato Wedges, Salad Bar	25 Cereal/Muffin Barbecue Pork Sandwich, Baked Beans, French Fries, Fruit Cocktail, Salad Bar	26 Breakfast Sandwich OR Cereal/Toast Fajitas, Green Beans, Rice, Applesauce, Salad Bar	27 Cherry Frudel OR Cereal/Toast Turkey Gravy/Biscuit, Mashed Potatoes, Corn, Apples, Salad Bar
30 NO SCHOOL 	31 Cooks Choice Chicken Wraps, Rice, Corn, Apples, Salad Bar	1 Cooks Choice Ham/Cheese Sandwich, Potato Wedges, Green Beans, Peaches, Salad Bar	2 Cooks Choice Hotdog/Bun, Carrots, Chips, Fruit Smoothies	